



# NINE VITA

*The Art of Eternal Beauty*

YOUR WELLNESS HOUSE IN FLORENCE





## *About Nine Vita*

Nine Vita invites you to explore a series of top-quality personal services in the heart of Florence. Nine Vita is a new project aimed to enhance the concept of eternal beauty in all its individual forms.

A refined jewel in the heart of Florence which offers advanced massages, facials and a cosmetic dermatology department with dedicated medical doctors, plus a Pilates Salotto dedicated to pilates with Reformer and Cadillac, and eventual access to the eclectic SPA services of Hotel Number Nine.

**YOUR  
WELLNESS HOUSE**  
*in Florence*



**PILATES REFORMER**



**ADVANCED BEAUTY**



**SPA**



# NINE VITA

## *Facials*

FLORENTINE RESIDENTS  
HAVE A 10% DISCOUNT ON THE  
BEAUTY SERVICES, EXCEPT COSMETIC  
DERMATOLOGY SERVICES

*Please note your full appointment time will be 60 minutes, which includes your 55 minute facial, plus an additional 5 minutes for a consultation with your Nine Vita Ambassadeur*

# FACIAL ROUTINE

€60 ★ 30'

## SKINCEUTICAL PEEL OF WONDER AND HUR PEEL OF WONDER

A facial cleanse based on your needs.

A double-step peeling will purify and oxygenate the skin whilst removing dead cells.

### SKIN GOALS:

Cleanse ★ Retexturing ★ Oxygenate ★ Peel

### FREQUENCY:

Once a month for the best ongoing results

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## HUR CLEANSE OF WONDER

A facial cleanse based on your needs.

A gentle double peeling will purify and detox the skin whilst removing dead cells.

### SKIN GOALS:

Cleanse ★ Smooth ★ Detox ★ Exfoliate

### FREQUENCY:

Twice a month for best results  
& once a month or maintenance

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## ANTI-AGE CHICNESS

The 'on the go' facial to treat deep wrinkles and fine lines, photo-ageing firm and slackness

### SKIN GOALS:

Firmness ★ Laxity ★ Nourish ★ Deep Wrinkles & Fine Lines

### FREQUENCY:

Once a week for 3 weeks for best results & twice a month for maintenance

# FACIAL ROUTINE

€60 ★ 30'

## ANTIOXIDANT CHICNESS

The 'on the go' facial for fragile, compromised and sensitive skin. It calms inflammation and nourishes the skin for a more healthy look

### SKIN GOALS:

Smooth ★ Repair ★ Calming ★ Antioxidant

### FREQUENCY:

Once a week for 2 weeks for best results & once a month for maintenance

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## SCULPT CHICNESS

The 'on the go' facial to tone, contour and depuff a fatigued skin and dull skin

### SKIN GOALS:

Sculpt ★ Tone ★ Depuff

### FREQUENCY:

Twice a week for 2 weeks for best results & twice a month for maintenance

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## HYDRATE CHICNESS

The 'on the go' facial to improve skin texture, boost nourishment and hydration for a fresh and hydrated appearance.

### SKIN GOALS:

Hydrate ★ Revitalise

### FREQUENCY:

Twice a week for 2 weeks for best results & twice a month for maintenance

# EMBLEMATIC FACIALS

PERFORMED WITH SKINCEUTICAL® SKIN CARE REGIMEN  
€ 140 ★ 60'

PERFORMED WITH HUR SKIN CARE REGIMEN  
€ 120 ★ 60'

## GLASS SKIN COUTURE

Target dull, fatigued and hyperpigmentation, and boost collagen production for a new skin with this advanced facial.

### SKIN GOALS:

Rejuvenation ★ Clear ★ Smooth ★ Collagen-boost

### FREQUENCY:

Twice a month for best results  
& once a month for maintenance

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## RIVERS OF HYDRATATION

Improve skin texture, boost skin nourishment and reduce appearance of early wrinkles and fine lines with this advanced sculpting and hydration facial.

### SKIN GOALS:

Hydrate ★ Sculpt ★ Moisture ★ Early Wrinkle & Fine Lines

### FREQUENCY:

Twice a week for 2 weeks for best results & twice a month for maintenance

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## IMPERIAL ANTI-AGE

The advanced facial to age confidently and gracefully. The ultimate treatment to target signs of ageing including loss of firmness, deep lines and wrinkles and slackness.

### SKIN GOALS:

Firm ★ Laxity ★ Nourish ★ Deep wrinkles & Fine lines

### FREQUENCY:

Once a week for 3 weeks for best results & twice a month for maintenance

# EMBLEMATIC FACIALS

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€ 140 ★ 60'

PERFORMED WITH HUR SKIN CARE REGIMEN  
€ 120 ★ 60'

## BLEMISHES BON VOYAGE

An advanced facial to help manage the complex conditions of an inflamed acne-prone skin, including excess oil, uneven texture, comedones, redness and post-inflammatory discoloration.

### SKIN GOALS:

Clear ★ Purify ★ Congested ★ Anti-Acne

### FREQUENCY:

Once a week for 3 weeks for best results  
& twice a month for maintenance

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## ANTIOXIDANT QUEST

An advanced facial for fragile and sensitive skin to soothe, repair and strengthen skin with compromised barriers. It helps rebuilt the epidermis while calming inflammation and working on secondary skin concerns

### SKIN GOALS:

Smooth ★ Repair ★ Calming ★ Antioxidant

### FREQUENCY:

Once a week for 2 weeks for best results & once a month for maintenance

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# Body MASSAGES

FLORENTINE RESIDENTS  
HAVE A 10% DISCOUNT ON THE  
BEAUTY SERVICES, EXCEPT COSMETIC  
DERMATOLOGY SERVICES

*Please note your full appointment time will be from 30 to 60 minutes,  
which will include a consultation with your Nine Vita Ambassadeur*

# BODY ROUTINE

€60 ★ 30'

## NEW SKIN EXFOLIATION

An express body scrub-peel with dual mechanical and enzymatic action for extremely soft skin.

An ideal prelude to any body treatments for a new body skin.

### BODY GOALS:

Exfoliate ★ Smooth ★ Detox ★ Hydrate

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## DRAINAGE BANDAGE

An express bandage with active ingredients to boost the lymphatic system while slimming belly and legs thanks to a concentration of active ingredients and a final manual massage

### BODY GOALS:

Smooth ★ Drainage ★ Hydrate

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## BACK & SHOULDERS

An express deep-tissue massage targeting the back, shoulders and neck for a immediate pain relief and reduction of soreness in the muscles

### BODY GOALS:

Trigger Points ★ Soreness ★ Stiffness

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## LEGS OF WONDER

An express vigorous legs massage to target cellulite, firm lackenss and micro-circulation.

### BODY GOALS:

Lymphatic ★ Slim ★ Hydrate

# EMBLEMATIC BODY MASSAGES

€120 ★ 60'

## NEW SILHOUETTE

The silhouette is reshaped by this slimming and firming massage that combines precise motions and state-of-the-art manual techniques. These draining gestures are associated with rolling, as well as the "Skin Lift" method, allowing a deep and exceptional anti-cellulite action.

### BODY GOALS:

Anti-cellulite ★ Slim ★ Firm ★ Drainage

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## DEEP-TISSUE AWAKENING

The ideal treatment before or after a workout. Tension is released and the body is given a feeling of freedom through an extremely vigorous muscle massage which works on deep tissues fibres, relieves soreness, releases stiffness and helps managing trigger points

### BODY GOALS:

Trigger points ★ Soreness ★ Stiffness ★ Deep tissue pain

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## DANCE OF FIRMNESS

Precise, deep and rhythmic gestures to tone tissues, release physical energy and regain its inner well-being. It promises to regain lost tissue firmness, leaving the body deeply regenerated, toned and detoxified.

### BODY GOALS:

Tone ★ Revitalise ★ Firm ★ Regenerate

# EMBLEMATIC BODY MASSAGES

€120 ★ 60'

## ART OF SUBLIMAGE

Through a special exfoliating peeling with organic cinnamon, fresh pepper & juniper, this expert treatment sculpts the body. Vigorous movements with a special organic cannabis sativa oil and ginger helps to improve microcirculation and optimise skin tone.

### BODY GOALS:

Lymphatic ★ Sculpt ★ Exfoliate ★ Detox

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## ULTIMATE HARMONY

Rediscover the harmony of the body and mind with relaxation at its peak. Slow and enveloping gestures, all over the body, make for a multi-sensory journey that releases muscle tension and offers a sensation of intense tranquillity.

## COUPLES MASSAGE

Make the Ultimate Harmony a massage for two and enjoy an hour's couple retreat at Nine Vita for €220

### BODY GOALS:

Relax ★ Release ★ Smooth ★ Multi-sensory

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**COSMETIC**  
*Dermatology*

WITH COSMETIC  
DERMATOLOGY DOCTORS

# WHAT IS HI-FU *Technology*

HIGH INTENSITY FOCUSED ULTRASOUND (HI-FU) IS THE EXCLUSIVE, NON-INVASIVE, EMBLEMATIC TECHNOLOGY OF NINE BEAUTY.

Hi-Fu, or Transdermal Electroporation, also known as no-needle mesotherapy, allows active ingredients to enter into the deeper layers of the skin with no pain or downtime.

It uses an electrical pulse to momentarily disrupt the cell membranes allowing products to enter into the deeper layers of the skin, enhancing the effects of active ingredients on the tissues. The membrane returns to its original structure when the electrical stimulation is over.

A similar outcome is achieved using the same machine but through micro-injectables; however, while achieving good results, injections can be painful and have a risk of side effects such as swelling, erythematous, infections or bruising and is not an entirely pain-free procedure.

Transdermal electroporation can be part of an anti-ageing protocol, retexturing and hydration professional regimen and used to improve skin's colour and texture, and to thicken and improve elasticity of the skin.

# *Bio-revitalisation* **WITH HI-FU TECHNOLOGY**

STARTING FROM €180

Using the HI-FU machine this treatment renders the skin nourished and luminous through a non-invasive course of vitamins, hyaluronic and amino acids promising a penetration of up to 70% of active ingredients into the skin.

All substances present in the skin, and ones which reduce over time, this treatment serves to either act as a chic anti-aging preventative course for young skins and for more mature skins it is a biostimulation and maintenance that can also act in combination with any number of other stylish offers from Nine Vita.

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## *Chemical* **PEELING**

STARTING FROM €150

Go back to school and visit the chemistry department with the Nine doctors. Peeling is a treatment of acidic substances which perform an exfoliating action on the skin.

This action promotes cell regeneration, lightens those pesky hyperpigmentations and helps to reduce any scarring.

This process is also excellent for general basic and radiant skin care for the enlightened regular attendees of Nine Vita. The treatment is bespoke to each unique individual.

# HI-FU *Face* LIFTING & TONE

STARTING FROM €380

# HI-FU *Body* LIFTING & TONE

STARTING FROM €440

Using the HI-FU machine this treatment lifts, sculpts and thickens the skin and improves elasticity.

A non-invasive, cutting-edge lifting for the highest degree of efficacy, administered by Nine Vita's cosmetic doctors. The treatment is a focused ultrasound that stimulates the production of collagen and improves the musculature of the face and body.

A cosmetic ritual, complete treatment plan with therapy over six months for spectacular age-defying results and tone.

*This treatment is applicable for all types of skin once the tissue starts to lose its tone.*

## FACE

Recommended course, 4 sittings in 6 months, with 1 check up annually afterwards.

## BODY

Abdomen, hips, glutes, and thighs with the course according to individual needs.



# FILLER

STARTING FROM €330

A non-surgical procedure that involves injections of dermal filler to target facial areas, which will have been pre-agreed with you in your medical consultation.

Gel-like substances are injected beneath the skin to restore lost volume, smooth lines, soften creases, or enhance facial contours.

You'll see instant results, which will improve over 2 weeks; results typically last up to 12 months post-treatment. Tailor your treatment schedule with Nine Vita for optimal, long-lasting results.

A reminder when you're due for your next appointment, and a dedicated aftercare plan from immediate post-procedure to ongoing maintenance will be provided by the Nine Vita team.

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# RHINOFILLER

STARTING FROM €380

Rhinofillers are a non-surgical treatment aimed at improving minor imperfections of the nasal pyramid.

Injections of small doses of biocompatible substances, hyaluronic acid or hydroxyapatite can improve the profile of the nose or boost the projection of the tip according to the desires of each client.

This treatment guarantees excellent results for both primary corrections or post-surgical adjunctive products. Effects are immediate and last up to 9 to 12 months.

# BOTOX

STARTING FROM €330

The essential modern-day treatment to prevent dynamic wrinkles, tailored to your needs and desires. Beneath every wrinkle is a muscle nerve, and the expert aesthetic doctors of Nine Vita inject micro-doses of a neuromodulator, known as Botox, into the end of that nerve to temporarily block – or freeze – its impulses and allow the facial muscles to relax.

By relaxing specific muscles, we prevent the formation of permanent lines that slowly manifest over time as a result of skin tissue breakdown caused by repeated muscle contractions..

Results will be evident within 2 weeks, and typically last 3 to 5 months. The Nine Vita team will send a reminder when you're due for your next appointment.

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# AGOLIFTING

STARTING FROM €130

Using the age-old technique of acupuncture, this stimulating course of treatments aims to excite the production of collagen and water within the skin and facial structures, it allows to boost the entire dermis and subcutaneous and connective tissue that support and shape facial features.

The result is a toned and hydrated skin and a significant reduction of the signs of time.

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# MESOTHERAPY

STARTING FROM €150

Also known as Injection Lipolysis, these fancy sounding names are really extremely elegant and effective non-surgical cosmetic procedures for fat reduction and an antidote for a stuck lymphatic system.

The treatment involves very short needles that are used to inject splendid substances aimed at encouraging lymphatic drainage or the lysis of fat cells.

Very useful for targeting localised fat deposition or fluid retention.



# CURIOUS?

## *Reach Us*

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★ VITA ★

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